

SUMMER NEWSLETTER-July 2013











Kenya Trip 2013

On May 8th 11 volunteers left the UK bound for Thika via Dubai. For some it was the first time they had flown, for others it was their first time in Africa while the remainder were familiar with where we were going and what we were going to do. However, all were relieved that all the preparation and planning had been completed successfully and we were finally on our way. We were also very excited and a little nervous about what awaited us — could we cope with the huge differences in culture, lifestyle and climate? Would we be able to contribute positively to the task, did we have the stamina needed? Many, many questions.

We arrived at Jomo Kenyatta airport Nairobi on May 9th tired and weary after nearly 24 hours of travelling for some, into the Kenya sunshine and the warm welcome from our Kenyan partners. Once settled into our beautiful rural accommodation and after a good night's sleep we were all ready for action. Two weeks then followed of hard work, wonderful fellowship and a wealth of new experiences. All of which culminated in the successful completion of our objective in completing the construction of the final classrooms for the school and the strengthening of existing friendships and the joy of making new ones. Thank you to all who participated and contributed with such enthusiasm and commitment.

THANK YOU to FUNDERS

- All Saints Church Bedworth
- Grange School,
 Warmley Bristol
- · Chapter 1 staff
- Thika 300 group
- Individuals who continue to support us
- TABS Kenya partners

TABS TRIP 2013

Aims of TABS

TABS is a unique charity in that it has two distinct but connected objectives. Through our partners TABS Kenya we support a slum project in Thika where over the last 4 years we have built a school and provide funds for teachers, school resources and feeding the current 192 children in the school.

We also work in the UK with people who have been homeless, vulnerable and disadvantaged and offer those who are interested the opportunity to volunteer in the Thika project.

Our experience demonstrates that the reciprocal opportunities and relationships we develop are transforming for all who take part and this year's trip was no exception. The young people who took part this year were exceptional in their commitment and hard work and have come back to the UK determined to continue transforming their lives. Their stories are inspirational and they continue to be involved with TABS as ambassadors. Thank you Nicola, Mikey & Louis













Changing lives one by one



Chapter 1 is a charity working with people who are homeless and in need. TABS International is very grateful for the links it has with the organisation and all the support offered by Chapter 1. Staff support volunteers who have been selected to travel to Kenya with all their arrangements

Other fundraising Events

The Grange School Warmley support another of our partner schools in Kayole, Nairobi. The school donated its previous sports kit for the keen sporting pupils in Kayole and were handed over at a wonderfully vibrant school assembly.

Grange Cottages cream tea is becoming a summer perennial and takes place this year on Saturday August 3rd. Home made cakes, the sale of Traidcraft goods, second hand books and other items for sale all help raise funds. Thanks to friends and neighbours who make scones and cakes, help to serve teas and donate items.

We are hoping this coming year to raise funds through some significant grant applications as we develop social enterprise activity in Kenya to support the project.

How you can help

Visit our web site www. tabsinternational.org or contact us at: PO Box 5129, Bedworth, Warwickshire, CV12 2BJ Registered Charity Number :1120148